



KUNDALINI YOGA TO LIVE YOUR LIFE WITH EASE

“Summertime, and the livin’ is easy, Fish are jumpin’ and the cotton is high...”

-Ella Fitzgerald

“Summer, summer, summertime – Time to sit back and unwind...”

-D.J. Jazzy Jeff and the Fresh Prince

Join Haridev for some cooling summertime Kundalini yoga at [YogaShare](#).

Dismiss the drama and stress that hot weather brings.

Embrace your yoga to live your life with ease.

Where:

YogaShare at [BloomBars](#), 3222 11th St NW, Washington, DC

When:

Thursday, 31 July 2014

Gather 7:30 pm

Class starts at 7:45 pm

Yogi tea and snacks served at 9 pm.

Bring a mat, a blanket or pillow, and a mug for yummy yogi tea.

Cost:

By Donation (\$10 recommended)

More information: Visit [YogaShare](#) on Facebook